

January 2023

Newsletter

Your source for important Pre-SOMA updates!

Content

Happy New Year!

Membership Information

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Membership

Becoming a member gives you access to exclusive resources such as workshops, mentorship, scholarships, special events, and more! For only \$25 a year. Click on the link below to register.

SIGN UP TODAY!



HAPPY NEW YEAR!

The Pre-SOMA family wishes everyone a New Year filled with good things and growth. As time passes, you are closer to your goal of becoming a physician. We know the path can be tough, but you are tougher. We believe in you! And we are here to provide help and guidance when needed.



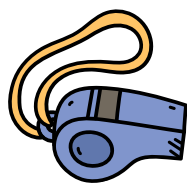
We have tons of resources and a supportive community. It is our goal to continue positively impacting pre-medical students across the United States. Thank you for being part of our 2022!

Establish a Pre-SOMA Chapter

Does your university or college have a Pre-SOMA Chapter? If the answer is no, this is a great opportunity for you to develop leadership skills. There is a link below where you can get more information on how to start a Pre-SOMA chapter. If you have any questions, please don't hesitate to reach out to the National Pre-SOMA Directors at:

presoma@studentdo.org

GET MORE INFORMATION HERE!



Medical School Application Bootcamp

This bootcamp consists in a workshop series that build on each other guided by current medical students. If you miss one session, you can always join the next. The goal is to help pre-medical students understand what to expect from the application process and to provide tips and guidance about what to include and not include in the applications. A few topics that will be touched are: How to Prepare for the MCAT, extracurricular activities, personal statement, secondary applications, and a Q&A session at the end. The bootcamp will begin in February. The link to join each session will be send out to Pre-SOMA members on the same day of each session, See the dates below for more details:

- **February 26 @ 8PM EST:** Personal Statement
- **March 19 @ 8PM EST:** Secondaries / Activities
- **April 2 @ 8PM EST:** School list / Personal Statement Part 2 / Q&A



Don't Miss Out!

Upcoming Events

- **Med School Application Bootcamp**
- **National ShaDO Week**

 MARCH 27 - 30

This is THE BEST opportunity to network with admission officers from multiple osteopathic schools and talk with current medical students about their experience. You will have to register for this event. The sign-up form will be available in February.

STAY TUNED!



- **Spring Conference 2023**

 APRIL 21 & 22

 Washington, DC

More details about the programming for pre-meds will be available soon!



*Feeling lost
and unsure
about your
pre-medical
path?*



**Get paired with
a mentor!**



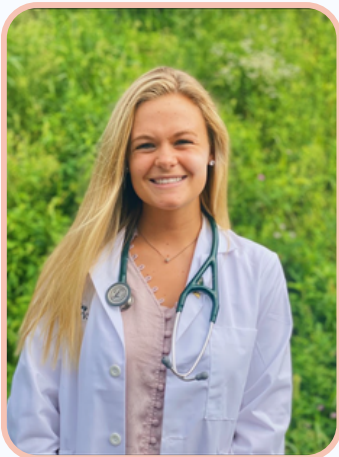
Pixorize

Enjoy a 15% discount on Pixorize products! If you enjoy studying with visual mnemonics, this is for you. It is a great resource to study for the MCAT.

Biochemistry
Basic Science Topics

This discount is exclusive for members. Log in in the link below to get the discount code or join us to start enjoying these benefits right away!

[LOG IN TO GET CODE!](#)



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