

September 2022

# NEWSLETTER

Your source for important Pre-SOMA updates!



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## Scholarship



National Pre-SOMA is giving out 4 scholarships of \$250!!! This opportunity is exclusive for those with the new Pre-SOMA membership.

Deadline: September 25th

[CLICK HERE TO APPLY FOR THE SCHOLARSHIP](#)

[CLICK HERE TO REGISTER](#)

## Women in Medicine

If we look back a century ago, the representation of women in the field of medicine was extremely low. The female physician workforce was about 5% nationwide. The opportunities provided to women back then were limited, if not scarce. Some medical schools would only accept a handful of female applicants, while others would not accept females at all.

Today, the story has changed, but there are forms of inequality still present. However, we celebrate the progress many women made possible so far and we support ALL THE WOMEN IN MEDICINE who continue to work tirelessly to promote and achieve equity despite the challenges the field of medicine brings on its own.

## Hispanic Heritage Month

National Pre-SOMA cares about Diversity, Equity, and Inclusion. For that reason we would like to give thanks for the contributions that the Hispanic and Latino communities have made to our society. We hope that minorities representation continues to grow in the medical workforce and healthcare access is improved in underserved areas.

# OMED 2022

The biggest gathering of osteopathic physicians and osteopathic medical students is quickly approaching. We cannot be more excited to meet some of you in person. We understand traveling can get expensive. For that reason, we are giving out 4 scholarships of \$250 to help cover some of the expenses. You can also check with your institution as they sometimes provide funds for events like this. If you need us to fill out a document so your institution can provide funds, do not hesitate in reaching out to one of our Directors. Their contact information is below.

Another good option to save money is pairing up with other pre-medical students to share a hotel room. For your benefit, we created a spreadsheet where you can add your travel details and also find someone that might be willing to share a room and split the cost of it.

TRAVEL COORDINATION SPREADSHEET

## Schedule

### SATURDAY, OCTOBER 29TH, 2022

8:00	AM	General Session and Awards
9:00	AM	Exhibit Hall
9:30	AM	Keynote Address
10:00	AM	Introduction to Pre-SOMA and OPP
11:30	AM	Interactive OPP session
1:30	PM	Intro to performing a physical exam / Trauma Case
2:30	PM	Med-Student 101: What to include in your AACOMAS application
3:30	PM	Keynote Address
5:00	PM	Open Mic event/Networking
6:00	PM	SOMA Social

Conference  
Registration



### SUNDAY, OCTOBER 30TH, 2022

8:00	AM	Keynote Speaker
9:00	AM	Suturing workshop
10:00	AM	Medical School Panel
11:00	AM	Keynote Address



## Quick Facts

- Location: Hynes Convention Center @ Boston, MA
- Free for Pre-meds!
- Hotels partnered with AOA for better fees: Boston Marriott Copley & Westin Hotel Copley Place
- The conference will be HYBRID but we are encouraging pre-meds to attend in-person to soak up most of the experience and meet med school admission staff.

## The SOMA Shop



Interested in Pre-SOMA swag?  
Check out the official SOMA shop  
for osteopathic swag that you can  
rock!

[Click here!](#)



*Life doesn't get easier  
or more forgiving,  
we get stronger and  
more resilient."*

**-Steve Maraboli**



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