

# NEWSLETTER

*Your Source for Quick, Important Pre-SOMA News*



WHERE STUDENTS WHO WANT TO ADD D.O. TO THEIR LAST NAMES GO  
Become a member for FREE at <https://studentdo.org/pre-soma/pre-soma-membership/>

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## NATIONAL SPRING CONVENTION 2022

Registration fee: \$25 (50% off!)

### VIRTUAL ONLY

April 24

**An Update:** The National Pre-SOMA Spring Convention is now **virtual** in efforts to support all of its chapters across the country! We strongly encourage at least **two members** of each Pre-SOMA Chapter Leadership board to be present.

To facilitate this, we have decreased the registration fee to \$25!

We invite and encourage all Pre-SOMA members to be part of this event to experience first hand what the osteopathic community stands for.

### NATIONAL PRE-SOMA SPRING CONVENTION

*Now Virtual!*

April 24

It is with great excitement that we announce this news! Join the osteopathic community from the comfort of your home.

WORKSHOPS | GREAT SPEAKERS | Q&A

**PRE-SOMA**  
PRE-STUDENT OSTEOPATHIC MEDICAL ASSOCIATION

[Click here to register for  
The Spring Convention!](#)





# MOCK INTERVIEW WORKSHOP!

*Are you interested in receiving valuable feedback about your interview performance?*

During the Pre-SOMA Spring Convention, a select group of medical students and Pre-SOMA Committee Professional Development Representatives will be available to interview Pre-SOMA members in a medical school interview style.

Questions common in medical school interviews will be asked, and this is your opportunity to get your nerves out and have fun in a supportive, private, and encouraging setting!

Sign up by Clicking  
here!



**NATIONAL PRE-SOMA SPRING CONVENTION**  
**MOCK INTERVIEW WORKSHOP**

*Are you applying to Medical School?*

*Are you interested in developing your interview skills?*

The *National Pre-SOMA Spring Convention* has a workshop to provide you with the opportunity to practice your interviewing skills and receive feedback about your performance!

**Register today!**

**PRE-SOMA**  
STUDENT OSTEOPATHIC MEDICAL ASSOCIATION

**AOA**  
DISTINCTIVE IN HEALTHCARE  
ADVOCACY AND LEADERSHIP

## TIPS FOR BOARD OFFICERS TRANSITION

As this school year comes to an end, we would like to provide a few tips to help with the transition of Board Officers of your local Pre-SOMA chapter. To guarantee the continuation of your chapter, former board members should:

- Provide a list of the new officers with their contact information to the organization's advisor and National Pre-SOMA directors.
- Schedule a meeting with Incoming Officers to discuss roles responsibilities, expectations, and goals.
- Provide credentials for the email and/or social media accounts.
- Connect Incoming Board Officers with chapter resources: speakers, medical students, other organizations leaders, etc.
- Help create an agenda for the upcoming school year.
- Give access to the chapter's bank account to the corresponding officers.

Do not forget to explain to the Incoming Officers that each Pre-SOMA chapter must submit a School Year Plan (agenda) of possible activities at the beginning of the Fall term and an End of The Year report at the end of the Spring term.



# CONTINUED GROWTH OF OSTEOPATHIC MEDICINE

Reaching yet another high, 91.3% of the 7,303 participating DO students matched into residency programs in 41 specialties, the most specialties ever recorded for DO Match Day placements, with 38 reported in the 2021 Match!

Overall, the number of osteopathic fourth-year students who matched into PGY1 positions increased by 5.4% from last year. Final placement numbers will be available in May and are expected to exceed the 99% rate reported in prior years.

[Read More here!](#)



## RESOURCES



### The SOMA Shop

Interested in Pre-SOMA swag?  
Check out the official SOMA shop for  
osteopathic swag that you can rock!  
[Click here!](#)



### Pre-SOMA Mentorship Program

Interested in our Mentorship program?  
**Please sign up here:**  
<https://studentdo.org/pre-soma/pre-soma-mentorship-program/>



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"Successful people have fear, successful people have doubts, and successful people have worries, They just don't let these feelings stop them." -**T. Harv Eker**