

NEWSLETTER

Your Source for Quick, Important Pre-SOMA News



PRE - STUDENT OSTEOPATHIC MEDICAL ASSOCIATION

WHERE STUDENTS WHO WANT TO ADD D.O. TO THEIR LAST NAMES GO

Become a member for FREE at <https://studentdo.org/pre-soma/pre-soma-membership/>

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HISPANIC HERITAGE MONTH

HISPANIC HERITAGE MONTH

This month we honor Hispanic Heritage and are celebrating the contributions, sacrifices, and achievements that the Hispanic community has made throughout American history and continue to inspire through today.

SOMA RECOGNITION

We would like to take this space to highlight some members of our own SOMA community that proudly represent their Hispanic culture and heritage.

OMED 2021 PRE-SOMA TRACK SCHEDULE

OMED FAQ



Amanda Buzzetta is originally from Venezuela, born and raised until she was 9 years old which is when she moved to the US. She states that "pursuing a profession in which I can serve others selflessly and make an impact in my community has always been important to me."

She learned about osteopathic medicine during college and currently, she is the Director of Pre-SOMA. While getting ready for residency, Amanda continues to encourage Latinx pre-medical students to pursue a career in osteopathic medicine and promote its philosophy of whole-person medicine.



Angela Pluguez was born to a Puerto Rican father and Dominican mother. They taught her about the language, the culture, the food, and, more importantly, they raised her into a strong female who understands that her capabilities will allow her to succeed in her dream of becoming a doctor. Angela is interested in becoming a Pediatrician. She also serves in various roles within the Student Osteopathic Medical Association and the American Osteopathic Association, while being a mentor to other Latinx pre-medical students.

OMED²¹

Pre-SOMA Track

Saturday

OCTOBER 23, 2021

SCHEDULE SUBJECT TO CHANGES!

✦ Welcome and Intro to Pre-SOMA! | 9:00 AM

✦ Get Ready for the MCAT! | 9:30 AM

✦ Exercise Prescription for the Desk Job | 10:30 AM

✦ What Sets DOs Apart | 10:30 AM

✦ Personal Statements: Case Studies for Practice | 11:30 AM

✦ Exploring Osteopathic Medicine for Pre-Meds | 11:30 AM

✦ Meet and Eat with the Pre-SOMA Directors | 12:30 PM

✦ Tips for Writing an Impactful Personal Statement | 1:30 PM

✦ Nutrition and Socioeconomic Inequalities | 1:30 PM

✦ Student Loan Management | 2:30 PM

✦ Don't Look, See | 2:30 PM

Sunday

OCTOBER 24, 2021

✦ How to Interview during the COVID Era | 9:30 PM

✦ How to Choose a Specialty | 10:30 PM

✦ CV's: What Not to Do to Be the Best You | 11:30 PM

✦ Stress Management Workshop (Cooking for Boards) | 1:30 PM



OMED '21 is completely virtual which will make it easier for everyone to attend most of the events from the comfort of your home!

Don't forget to register for OMED '21 at:

<https://registration.experientevent.com/ShowAOA211>

What does OMED stand for?

OMED stands for Osteopathic Medical Education Conference.

What is OMED?

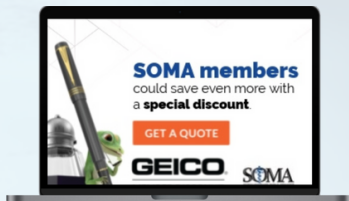
Hosted by the American Osteopathic Association, OMED is an annual medical conference bringing together thousands of osteopathic physicians, medical students and other health professionals from across the country.

Why should I attend OMED?

This is a historic time, and attending virtual OMED 2021 is one of the best opportunities this year to learn the latest trends, hear exclusive updates from the nation's public health leaders and connect with your colleagues across the profession. OMED 2021, the must-attend CME event of the year for the osteopathic profession, will offer more 200 hours of cutting edge CME to help you take your practice of medicine to the next level.

For more FAQ's Visit:

<https://omed.osteopathic.org/omed-faqs/>



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<https://studentdo.org/pre-soma/pre-soma-mentorship-program/>



Amanda Buzzetta, OMS IV

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Bailey Borycki, OMS III

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"Before you can go out in the world and fight the fight, you must master human anatomy and physical laws."

-A.T. Still