

# NEWSLETTER

*Your Source for Quick, Important Pre-SOMA News*



PRE-STUDENT OSTEOPATHIC MEDICAL ASSOCIATION

WHERE STUDENTS WHO WANT TO ADD D.O. TO THEIR LAST NAMES GO

Become a member for FREE at <https://studentdo.org/pre-soma/pre-soma-membership/>

## Month of Mentorship

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#### OMED 2021

Join us in celebrating the power of mentorship this August during SOMA's Month of Advocacy! This year, National SOMA and Pre-SOMA are coming together to commemorate mentorship through the **Pre-SOMA Mentorship Program.**



## PRE-SOMA MENTORSHIP PROGRAM

This is a collaborative program that promotes community and fellowship in the osteopathic community and allows those from all identities and backgrounds to find mentors and mentees who share similar experiences and interests. Mentor and mentee pairings will be released at the end of the month! Sign up through our website!

<https://studentdo.org/pre-soma/pre-soma-mentorship-program/>

## MENTORSHIP IN MEDICINE EVENT



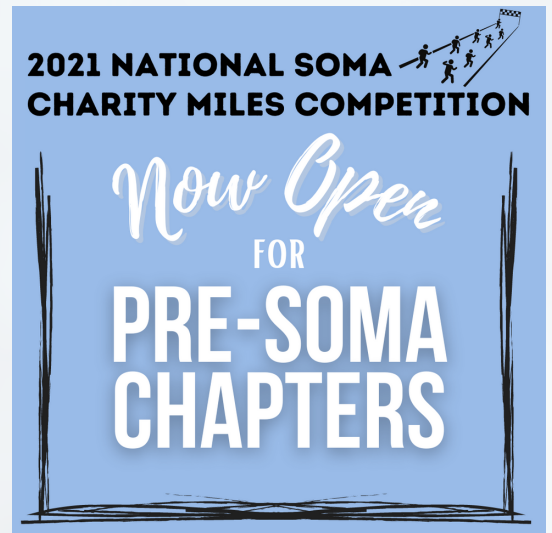
A virtual event will be hosted by **Dr. Carisa Champion DO, JD, MPH** which highlights the importance of mentorship in medicine and our osteopathic community!

Join us on August 25th @ 6:30 CST on ZOOM

*We look forward to seeing you there!*

## NATIONAL SOMA CHARITY MILES COMPETITION

The National SOMA Charity Miles event is now open and seeking participation from all Pre-SOMA Chapters! This event is a great opportunity for chapters across the nation to come together, be active, and support your chosen charities. Please contact your chapter leader if you would like to participate in this event and represent your chapter. If chapters have any questions regarding the event, please contact Pre-SOMA directors for more information.



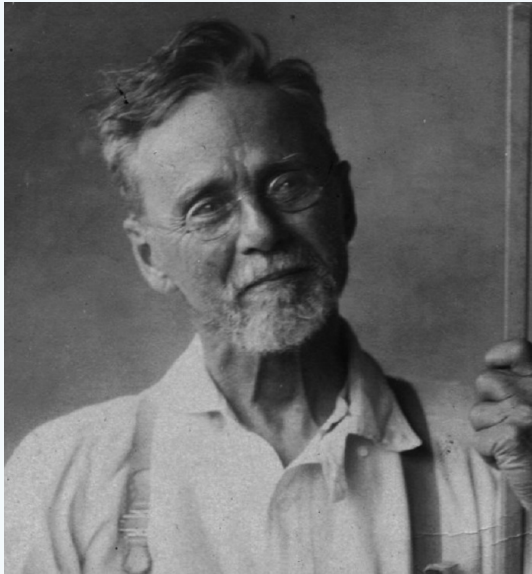
**COMPETITION ENDS OCTOBER 11<sup>TH</sup>, 2021**



**This year, OMED will be HYBRID!** The conference will be taking place in Phoenix, AZ starting on October 22nd until the 24th. This is a great opportunity for medical students and pre-medical students to learn and network. There will be several activities happening throughout the day which you can enjoy in-person or from the comfort of your home.

**To register for the event, visit:** <https://omed.osteopathic.org>

# CELEBRATING ANDREW TAYLOR STILL MD, DO



This month, we celebrate the birthday of Andrew Taylor Still MD, DO, the father of osteopathy and osteopathic medicine. We would like to commemorate his legacy and thank him for building the foundation of our profession! His mindset for innovation and holistic healthcare should serve as inspiration for us all as future osteopathic physicians.

*Want to learn more about the history of Osteopathic medicine?*

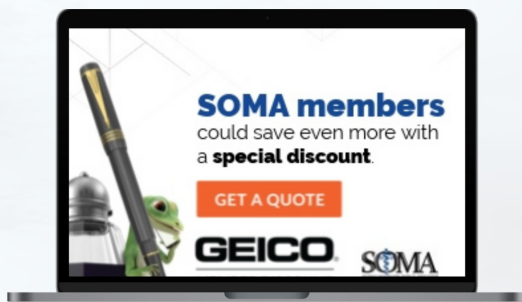
<https://www.aacom.org/become-a-doctor/about-osteopathic-medicine/history-of-osteopathic-medicine>

## RESOURCES

### GEICO Partnership with Pre-SOMA

Pre-SOMA members could save with a special member discount with GEICO! Get a Quote today by copy/pasting this link onto your browser:

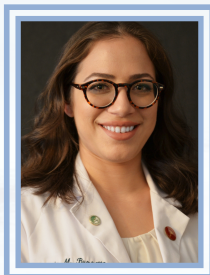
<https://tinyurl.com/y5ro6yy8>



### Prepare for the MCAT with Pixorize

Need a faster and easier way to memorize the amino acids for the MCAT? Pixorize creates easy-to-remember visual stories for the most difficult MCAT topics, so that you can recall more and score higher on test day.

<https://pixorize.com/amino-acids>



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“To find health should be the object of the doctor. Any one can find disease.” - Andrew Taylor Still