

SOMA AUDITION & RESIDENCY TRACKER

A SOMA Professional Development Service

WHAT THIS TOOL CAN DO

Design, Track, and Pursue Your Success!

For Auditions... Find Your “Zen Within”

- The audition process can be daunting.
Find empowerment:
 - **Design** your approach,
 - **Track** your progress, and
 - **Pursue** your vision and goals
- Much of the usual stress comes from...
 - **Missed deadlines** and
 - **Failed communication**
- To maximize success, utilize this tool to:
 - **Identify residency programs** which fit your vision and goals,
 - **Apply early,**
 - **Check up timely** with key contacts, and
 - **Gain an “at-a-glance” big picture** of your entire application process.



HOW TO USE THIS TOOL

3 Quick Steps: Identify, Track, Pursue

Enter Specialty, Program Name, and City/State

Step 1. Identify Residencies to Pursue

- Choose specialty(s) to pursue
- Search for residencies within those specialties*
 - Location,
 - Reputation,
 - Subspecialty emphasis (e.g. OBGYN, minimally invasive surgery, pediatrics, etc...)
 - Research,
 - Path to fellowship,
 - Etc...

	Specialty	Program	City, State	H
7	FM	Pomona Valley Hospital Medical Center	Pomona, CA	U
8		Ventura County Medical Center	Ventura, CA	U
9	FM	Millcreek Community Hospital	Erie, PA	C
10	FM	WesternU	Long Beach, CA	
11		University of Washington Sacred Heart	Spokane, WA	L
12	Gen Surg	Medical College of Wisconsin	Milwaukee, WI	P
13	Gen Surg	UC Davis Medical Center	Fresno, CA	
14				
15				

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KEY
 PURSUIT ON TRACK
 ACTION REQUIRED
 PURSUIT CLOSED

Specialty	Program	City, State	Highlights	Auditions	VSAS Submitted	Status	Contact	Comments (date entries)
FM	Pomona Valley Hospital Medical Center	Pomona, CA	Proposed, OBGYN emphasis	Yes	1-Jul	Awaiting Reply	Lemmeton@GreatProgram.com	Replied to email on 5/28. Should hear back by 6/7.
FM	Ventura County Medical Center	Ventura, CA	Proposed	Yes	21-Apr	Unavailable	(555)222-1111	Applied online 4/21; should hear back by 5/9
FM	Millcreek Community Hospital	Erie, PA	MT-integrated	Yes	NA	Awaiting Reply	Holleback@MCH.org	Need to submit secondary application.
FM	WesternU	Long Beach, CA		Yes	NA	Unavailable	JohnDove@westconnusa.org	Emailed relation request 4/18.
Gen Surg	University of Washington Sacred Heart	Spokane, WA	Endoscopic focus	Yes	18-Apr	Awaiting Reply	(222)303-3333	Only electives available Jan - Jun (as of 4/18).
Gen Surg	Medical College of Wisconsin	Milwaukee, WI	Path to fellowships	Yes	1-Apr	Unavailable		Call end of April to request visit
Gen Surg	UC Davis Medical Center	Fresno, CA		Yes	1-Apr	Awaiting Reply	IneeTucut@fresnofresh.net	Check back April 15th

*Links to residency search engines on next slide

Residency Opportunities

American Osteopathic Association (AOA)

- [Click here](#) for the AOA residency search



Accreditation Council for Graduate Medical Education (ACGME)

- [Click here](#) for the FREIDA residency search



Sign In or [Create an Account](#)

* Indicates required field

Username *

Password *

Keep me signed in on this computer

[Sign in](#)

[Forgot username or password?](#)

Need help signing in?

For AMA and JAMA account issues contact the [AMA Unified Service Center](#) online or call (800) 621-8335 for assistance.

AMA Employees: Call the Support Center at extension 5999.

To search FREIDA Online®, visitors must have an AMA account. If you do not have one, please create an account and sign in. Please note that by creating an account, you are not becoming an AMA member.*

What's new in FREIDA Online?

New FREIDA Online now offers an improved search engine, and a mechanism to compare multiple residency programs. AMA members can also save their FREIDA searches and view them in a dashboard format.

Once you sign in you may encounter an "End User License Agreement." You must click "Agree" in order to continue to FREIDA Online.

Special note for program directors and coordinators

To modify FREIDA Online's program information, program directors and coordinators must sign in on the [Modify Your Listing](#) page. Please email freida@ama-assn.org with questions about your username or password to modify program information.

*Interested in becoming an AMA member? U.S. medical students, residents and physicians can [apply for membership](#) online.

Enter Highlights, VSAS, and Contact Info

Step 2. Track

- Centrally consolidate program information during your pursuit
- Verify VSAS requirements and opening date
- Use AOA/ACGME database and upper classmen to discover key contact info

Highlights	Auditions	VSAS Submitted	Status	Contact
Unopposed, OBGYN emphasis	Yes	1-Jul	Awaiting Reply	Lemmelnn@GreatProgram.com
Unopposed	Yes	21-Apr	Unavailable	(555)222-1111
OMT-integrated	Yes	NA	Awaiting Reply	Hollaback@MCH.org
	Yes	NA	Unavailable	Johndoe@doetownusa.org
Laparoscopic focus	Yes	18-Apr	Awaiting Reply	(222)303-3333
Path to fellowships	Yes	1-Apr	Unavailable	
	Yes	1-Apr	Awaiting Reply	IneeTucut@Fresnofresh.net

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FM	Ventura County Medical Center	Ventura, CA	Unopposed	Yes	21-Apr	Unavailable	(555)222-1111	Apply online 4/21; should hear back by 5/9
FM	Hospital	Erie, PA	OMT-integrated	Yes	NA	Awaiting Reply	Hollaback@MCH.org	Need to submit secondary application.
FM	Widener University of Washington Sacred Heart	Lehigh, PA	OMT-integrated	Yes	NA	Unavailable	Johndoe@doetownusa.org	Email notification request 4/18.
Gen Surg	Medical College of Wisconsin	Spokane, WA	Laparoscopic focus	Yes	18-Apr	Awaiting Reply	(222)303-3333	Only effective available Jan - Jun (as of 4/18).
Gen Surg	UC Davis Medical Center	Milwaukee, WI	Path to fellowships	Yes	1-Apr	Unavailable		Call end of April to request visit
Gen Surg	UC Davis Medical Center	Fresno, CA	Path to fellowships	Yes	1-Apr	Awaiting Reply	IneeTucut@Fresnofresh.net	Check back April 15th

Step 3. Pursue

- Continuously interact with your sheet throughout the application season
- Update important dates and deadlines
- Log calls and emails to programs—don't forget to record the dates

Log communications with key contacts

Status	Contact	Comments (date entries)
Awaiting Reply	Lemmelnn@GreatProgram.com	Replied to email on 5/28. Should hear back by 6/7.
Unavailable	(555)222-1111	Applied online 4/21; should hear back by 5/9
Awaiting Reply	Hollaback@MCH.org	Need to submit secondary application.
Unavailable	JohnDoe@doetownusa.org	Emailed rotation request 4/18.
Awaiting Reply	(222)303-3333	Only electives available Jan - Jun (as of 4/18).
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Awaiting Reply	IneeTucut@Fresnofresh.net	Check back April 15th

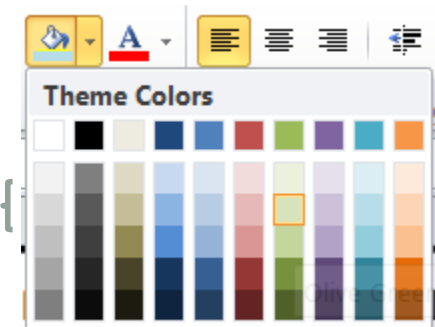
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FM	Ventura County Medical Center	Ventura, CA	Unopposed	Yes	21-Apr		Unavailable	(555)222-1111	Applied online 4/21; should hear back by 5/9
FM	Millcreek Community Hospital	Erie, PA	OMT integrated	Yes	NA		Awaiting Reply	Hollaback@MCH.org	Need to submit secondary application.
FM	WoodmenJ University of Washington Sacred Heart	Lehigh, Beverly, CA		Yes	NA		Unavailable	JohnDoe@doetownusa.org	Emailed rotation request 4/18.
Gen Surg	Heart Medical College of Wisconsin	Spokane, WA	Laparoscopic focus	Yes	18-Apr		Awaiting Reply	(222)303-3333	Only electives available Jan - Jun (as of 4/18).
Gen Surg	UC Davis Medical Center	Milwaukee, WI	Path to fellowships	Yes	1-Apr		Unavailable		Call end of April to request visit
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Step 3. Pursue

- Color categorize each entry for at-a-glance reference.
 - This is extremely important for staying atop of application open dates and deadlines.

KEY

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ACTION REQUIRED
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- A) Select the cells you are ready to colorize
- B) Click the **Paint Bucket** icon
- C) Select one of the colors from the KEY, according to its status

Enjoy the SOMA Audition & Residency Tracker!

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Your Questions and Ideas are Always Welcome

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